



Panache Aesthetics

# HAIR TRANSPLANT SURGERY

Creating a beautiful you!

# WHAT IS HAIR TRANSPLANT

Hair transplant is a surgical procedure that involves taking hair follicles from a donor area (typically the back or sides of the head) and transplanting them into areas of the scalp where hair has thinned or is completely lost. This is done to restore hair growth and improve the overall appearance.



# ● SOME FAQs ●

## **Is hair transplant **safe**?**

Hair transplant is a safe procedure provided you are choosing the correct doctor and center for your procedure. Proper planning and sterility makes it one of the safest procedures.

## **Is the procedure **painful**?**

The procedure is not painful. During the procedure, pain numbing medications are given after which you feel heaviness in your scalp and the whole surgical site is anaesthetised.

## **When to get hair **transplant**?**

The transplanted hair takes around 6-9 months to grow and give a good result. So in case one wants to look his best for an event, he should ideally plan it at least 6 months in advance and best will be to plan it 9 months in advance.

## **Will I get **desired results**?**

Yes!

Hair transplantation is one of the most rewarding surgeries with great life changing results.

## **When will I see the **results**?**

6-9 months.

It depends from person to person & also on donor area used. It takes about 5-6 months to see proper growth, but full growth is attained at around 9 months to about a year.

## **Does age matter? **Am I too late**?**

No. Old age is not a contraindication for the procedure of hair transplant.

In fact, it's better because you now have a stable hair line.

Hair  
Transplant  
can be  
done via  
FUE and  
FUT  
methods



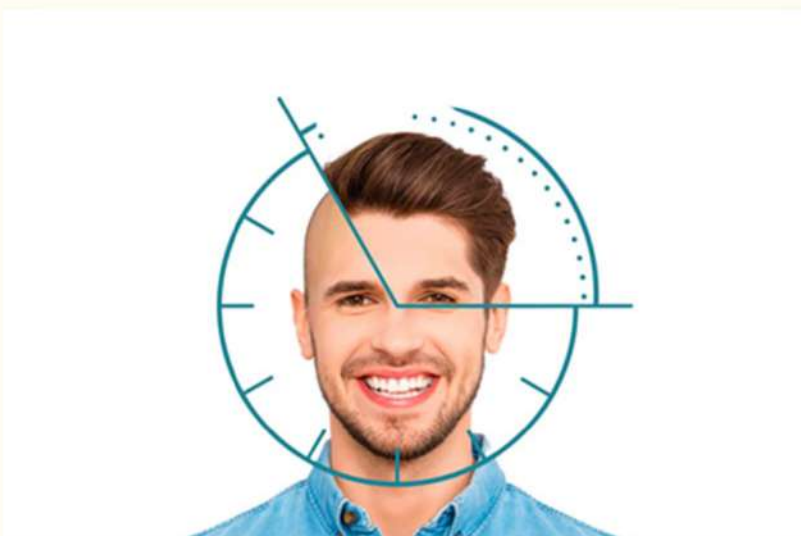
---

Type of anaesthesia used

# LOCAL ANAESTHESIA

Type of anaesthesia used

---



Recovery  
time after  
surgery is  
about 1 to  
2 weeks

# PANACHE

## How is the **Recovery Process**?

The recovery process after a hair transplant is quite smooth.

Immediately after the procedure, patients can expect some swelling and redness around the scalp, which can last for a few days.

It is important to keep the head elevated and avoid touching or scratching the scalp during this time. Patients may also experience some pain or discomfort, which can be managed with medication.

The transplanted hair will initially fall out, but new growth will start to appear within a few months. Avoid strenuous activities and wearing a protective headband for a few weeks. Patients should also avoid smoking and alcohol consumption during the recovery period to ensure proper healing and minimize the risk of complications.



## Who is an ideal candidate for the surgery?

Unless you are suffering from a major illness, You are an ideal candidate for the surgery if you:

- Have realistic expectations
- have stable donor supply
- Are a non-smoker
- Experiencing hair loss or thinning hair

---

Surgery Time

DURATION  
**7-8 HOURS**

Surgery Time

---

The downtime for Hair Transplant surgery is 2 days!

# AFTER SURGERY

- Avoid strenuous physical activity or exercise for at least a week after the procedure.
- Avoid smoking and drinking alcohol for a few days after the surgery, as these can slow down the healing process and increase the risk of complications.
- Avoid touching or scratching the scalp for at least a week after the procedure.
- Sleep with your head elevated to reduce swelling and discomfort.
- Follow your surgeon's instructions on when to shampoo your hair and how to care for the transplant site.
- Avoid exposing the scalp to direct sunlight, and wear a hat or head covering when you are outside.
- Avoid swimming or using a sauna for at least two weeks after the procedure.
- Take any prescribed medications as directed by your surgeon to reduce pain and prevent infection.
- Attend follow-up appointments with your surgeon to monitor your progress and ensure that the healing process is going smoothly.

# ABOUT US



## Who is **Dr. Ankit Gupta?**

Dr Ankit Gupta is a Gold Medallist in Plastic Surgery, awarded by the Honorary Vice President of India, Shri Venkaiah Naidu.

- MBBS, MS, M.Ch.
- 12+ Years Experience
- 8750+ Surgeries performed

He has also worked at BLK Hospital, RGCI, Max Hospital, RML Hospital, GTB Hospital and Maharaja Agrasen Hospital as a Plastic Surgeon.

## Where is **Panache Aesthetics** located? **Contact Details?**

**Address:** 19, Samrat Enclave, Pitampura, New Delhi

**Timings:** 11AM to 7PM

**Nearest Metro Station:** Shakurpur (Pink Line)

**Distance from Airport:** 45 minutes

**Distance from Railway Station:** 30 minutes



Google Maps

**[CLICK TO VIEW  
LOCATION]**

# • VIDEO LINKS •



Hair Transplant Surgery Procedure

[\[CLICK TO VIEW\]](#)



Panache Aesthetics Centre Tour

[\[CLICK TO VIEW\]](#)



Hair Transplant Techniques: FUE & FUT - Pros & Cons

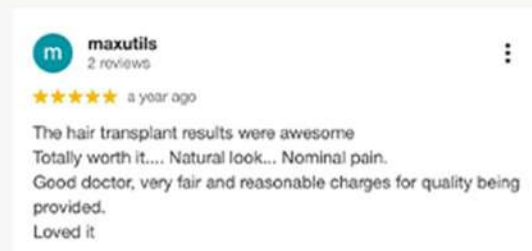
[\[CLICK TO VIEW\]](#)



How I got my hair back: Patient Testimonial

[\[CLICK TO VIEW\]](#)

# RESULTS



## CONTACT :

Phone : +91 - 9599554211

Facebook : @panacheaesthetics

Instagram : @panacheaesthetics

For Queries, Write to us at [panacheaesthetics@gmail.com](mailto:panacheaesthetics@gmail.com)



SCAN ME

# LINKS

Visit our Website:

<https://panacheaesthetics.com/>

Visit our YouTube Page:

<https://www.youtube.com/@plasticsurgerypanache>

Visit our Instagram Page:

<https://www.instagram.com/panacheaesthetics/>

Visit our Facebook Page:

<https://www.facebook.com/panacheaesthetic>

Visit our Google Reviews Page (Click on Reviews):

<https://maps.app.goo.gl/SyJeUDhs8dP2SndB7>

Visit our Testimonials Page:

<https://panacheaesthetics.com/testimonials/>

Visit our Patient Results Photo Gallery:

<https://panacheaesthetics.com/gallery/>

Visit our Video Gallery:

<https://panacheaesthetics.com/video-gallery/>